

November 2007

Volume 54

A Letter From the President

Hello, Ladies!

November is going to be such a great month for us in MOMS Club. We have some fun and exciting things coming up this month. Along with a very full, well-planned activities calendar, we will be getting to know each other better through our monthlong Secret Sister. Secret Sister is a great way for everyone to participate in the Club while getting to know other better. If you like Secret Santa, then you'll love Secret Sister. Make sure to come to this month's Business Meeting to find out more about this.

This month we will be doing our first Service Project of the year. As a board, we decided our first service project would be bagging groceries at Mackenthun's County Market. On Friday, Nov. 30, we will be bagging groceries during Mackenthun's 48-hour sale. We will be bagging from 10 a.m. until 7 p.m. All of the money that we make through tips will be graciously donated to the Waconia Food Shelf to help them get ready for the upcoming Christmas holiday. In order for this service project to be a success, we need the help of EVERY SINGLE MEMBER within our Club. Please help us support our community by offering to help bag groceries. When the service project is complete, there will be a drawing for a free pedicure. Every person who volunteers to bag groceries will have her name put into a drawing for the prize. If you volunteer for two shifts your name will be put in two times, etc. Please contact Sara Hinrichs ASAP about helping out.

A huge heartfelt thank-you goes out to Terri Lee Paulsen, our newsletter editor. This issue will be the last newsletter that she will be creating for our club. Since taking over as the newsletter editor, Terri has done some amazing things to help make our newsletter look outstanding. Thank you, Terri, for all of your hard work. Your talent will be greatly missed! Colleen Bakken will be taking over as our newsletter editor starting with our December issue. Thank you, Colleen, for stepping into this position.

Refie M. Dustin

Board Members

President: Kristie Dustin, (952) 442-1926

Administrative Vice President: Sara Hinrichs, (952) 442-1788

Membership Vice President: Jenn Ryall, (952) 446-1023

Treasurer: Shannon Carlson, (952) 856-6184

Secretary: Cindy Worm, (952) 443-2384

Coordinators

Activities Committee: Cheryl Cortolezzis, (952) 442-2750

Sunshine Committee: Cheryl Cortolezzis, (952) 442-2750

Newsletter Editor: Colleen Bakken, (952) 466-4760 colleenb13@hotmail.com

Playgroup Coordinators: Pam Hayes, (952) 657-2365 Rhonda Page, (952) 442-7535

Book Club: Heather Shisler, (952) 960-0849

Historian: Shannon Carlson, (952) 856-6184

International Contacts

Area Coordinator (MN Big Sister): Sheri Broad 4096 155th Avenue NW Andover, MN 55304 (763) 754-9537 mandsbroad@msn.com

Assistant Regional Coordinator:

Becky Unterriker Assistant Regional Coordinator, MN/WI 208 E Wentworth Lane Appleton, WI 54913 (920) 364-0003 BeckyandUli@aol.com

Regional Coordinator:

Christi Simiele Regional Coordinator, Great Lakes 5125 Oakcliff Drive Waterford, MN 48327 Home: (248) 683-3837 Cell: (248) 790-0726 domsmom1@comcast.net

MOMS Club[®] International:

1464 Madera Road, #N 191 Simi Valley, CA 93065 Web site: www.momsclub.org User name: mommy Password: daytime support E-mail: momsclub@aol.com

Member Information

Please make the following changes to your roster/e-mail list:

:Update Members' Info

Lori Schramm's new e-mail: lorimschramm@mchsi.com

Sarah Jarvis' new telephone number: (952) 380-7305

Delete Former Members

Please remove Sue Graupmann, Christy Kraft and Terri Lee Paulsen from your roster. They have chosen to not renew their :memberships.

Membership Renewals*

November: Colleen Bakken Deanna Dennis

December: Sara Hinrichs

*Membership dues are \$20 for renewals and \$25 for new memberships. Please send your renewals to Shannon Carlson by the end of your renewal month. •

DECEMBER **NEWSLETTER DEADLINE**

Please submit your newsletter ideas to Colleen Bakken at colleenb13@hotmail.com. Please list "MC Newsletter" as the e-mail's subject.

Next newsletter deadline is Tuesday, Nov. 13

Time to "Fall Back"

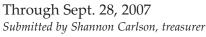
Just a reminder that daylight saving time ends on Sunday, Nov. 4.

Don't forget to turn your clocks back one hour (and get an extra night's sleep!)



It's also a good time to change the batteries in your smoke detectors.

Finance Report



Beginning balance Credits (2 renewals) Debits

(Donation to Nichols family: \$50; office supplies/copies: \$16.99; postage: \$24.60) Ending balance



\$383.74 40.00

91.59 \$332.15

New Arrivals

A son, Michael Keith Lewis, was born Oct. 3, about seven weeks early, to Leah and Mike Lewis. He weighed 5 pounds, 9 ounces. He joins Kala, 14; Tommy, 3; and Jimmy, 20 months.



Joelle and Billy Talton had a baby girl, Cierra Brooklyn-Grace, on Oct. 10. She weighed 8 pounds, 5 ounces and was 19.5 inches long. She joins Avery, 10; Simone, 6; and Gabriella, 2.

Who's Expecting?

Kristie Dustin: May 2008

If you are pregnant or planning to adopt and want to share your exciting news with the Club, please contact Colleen Bakken at colleenb13@hotmail.com to have your name and due date listed in the newsletter.



November Executive Board Meeting: This monthly meeting will take place on Wednesday, Nov. 7. Please contact Kristie Dustin prior to the meeting if you would like any particular issues discussed.

November Business Meeting:

The next Business Meeting will be held Wednesday, Nov. 14, at 9:30 a.m. at Parkside Church, 9560 Paradise Lane, Waconia. This meeting is for everyone who is a member of our club. Child care and snacks will be provided. This month's Business Meeting agenda will include discussing MOMS Club business, updates from board members, introducing our holiday Secret Sister, and a book and magazine swap. We hope to see you all there. For more information, please contact a board member.

Activities Committee Meeting:

The Activities Committee will meet at 11 a.m. on Wednesday, Nov. 28, at Cheryl Cortolezzis' house. Everyone is invited to attend and share their ideas for the January calendar.

November 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Cheerios Playgroup	2 7 p.m. Moms' Night Out Scooters Playgroup	3
4	5 10:30 a.m. Band Day at Parkside Church	 6 4 p.m. Early Dinner at Chaska Perkins 4s Plus Playgroup 	7 9 a.m. Executive Board Meeting 10:30 a.m. Waconia Library Story Time Alphabits Playgroup Froot Loops Playgroup Rice Krispies Playgroup	8 11 a.m. Lunch Bunch Kix Playgroup	9 a.m. PJ Muffin Mixer at Heather Shisler's	10
11	12 1 p.m. Movie and Popcorn Day at Sara Hinrich's	13 NEWSLETTER DEADLINE 10:30 a.m. Adventures With Arthur at Waconia Library Newborn Playgroup	14 Business Meeting 9:30 a.m. Parkside Church	15 10 a.m. Tour of Eden Prairie Petco	16 11 a.m. Lunch at Norwood DQ	17
18	19 New-Member Playgroup		21 10 a.m. Science Explorer Day at Faith Lutheran Church		23 No School	24
25	26 10:30 a.m. Waconia Library Story Time	27 3:30 p.m. Cupcake Decorating at Parkside Church	28 11 a.m. Activities Committee Meeting at Cheryl Cortolezzis' Book Club	29 5:30 p.m. Family Night Out at Chuck E. Cheese	30 Fundraising Day Bagging Groceries at Mackenthun's	

See page 4 for descriptions of the events, including directions.

Schedule of Events for November 2007

PLEASE MAKE SURE TO RSVP FOR ALL ACTIVITIES TO CHERYL CORTOLEZZIS AT (952) 442-2750 OR

kylermn@embarqmail.com (unless otherwise stated).

Note: A groupwide activity or outing takes precedence over individual playgroups, so if the Chapter has an event planned, the playgroup is canceled.

Friday, Nov. 2, 7 p.m.-Moms' Night Out Game Night

Meet at Theresa Green's home (1759 Coney Lane, Waconia) for an evening of games, snacks and conversation. Bring a beverage of your choice to share.

Monday, Nov. 5, 10:30 a.m.-Band Day

Meet at Parkside Church [9560 Paradise Lane (old Hwy. 5), Waconia] with your favorite instrument to play. Moms bring your own Tylenol!

Tuesday, Nov. 6, 4 p.m.—Early Dinner at Chaska Perkins

Meet at the Perkins in Chaska (184 Pioneer Trail, Chaska, 55318) for an early dinner. Kids eat free (with purchase of an adult entree)!

Wednesday, Nov. 7, 10:30-11 a.m.-Waconia Library Story Time

Meet at the Waconia Library (217 S. Vine Street, Waconia) to hear a toddler/preschooler story read by the librarian.

Wednesday, Nov. 7, 9 a.m.-Executive Board Meeting

The Executive Board meets at Kristie Dustin's House [206 Winkler Trail, Cologne, 55322; (952) 442-1926]

Thursday, Nov. 8, 11 a.m.-Lunch Bunch: Turkey Side Dish Theme

Meet at Kelly Strei's home (1676 Woodlawn Circle, Waconia) with a side dish for Thanksgiving to share. Kelly will make a turkey, and we bring the side dishes. Bring copies of your recipe! Remember, there is a blue ribbon for the best recipe and it gets published in the next issue of the MOMS Club newsletter.

Friday, Nov. 9, 9 a.m.-PJ Muffin Mixer

Meet at Heather Shisler's house (1138 Windmill Creek North, Waconia) IN YOUR PJs (moms and kids both!)! Bring along a breakfast food to share. Heather will provide coffee, tea, juice and hot chocolate.

Monday, Nov. 12, 1 p.m.-Movie and Popcorn Day

Meet at Sara Hinrich's home [1011 Pond Curve, Waconia; (763) 439-0174] to watch a movie and eat popcorn with your friends.

Tuesday, Nov. 13, 11 a.m.–Newsletter Deadline

Tuesday, Nov. 13, 10:30 a.m.-Adventures With Arthur

Meet at the Waconia Library (217 S. Vine Street, Waconia) to meet PBS Kids character Arthur.

Wednesday, Nov. 14, 9:30 a.m.-Monthly Business Meeting

Meet at Parkside Church [9560 Paradise Lane (old Hwy. 5), Waconia] for the monthly Business Meeting. Snacks and child care are provided. This meeting is OPEN TO ALL MEMBERS. PLEASE ATTEND IF YOU CAN!

Thursday, Nov. 15, 10 a.m.-Tour of Eden Prairie Petco

Meet at the Eden Prairie Petco (8020 Glen Lane, Eden Prairie, 55344) for a store tour, touch some animals and learn all about pet care.

Friday, Nov. 16, 11 a.m.-Lunch at the Norwood Dairy Queen

Meet at the DQ in Norwood (511 N. Morse Street, Norwood, 55368) and have lunch together.

Monday, Nov. 19–New-Member Play Group

Contact Shelby Gratz about this event: (952) 250-5979.

Tuesday, Nov. 20, 10 a.m.-Turkey Craft

Meet at Parkside Church [9560 Paradise Lane (old Hwy. 5), Waconia] to make a turkey craft to add to your Thanksgiving decorations. Remember to bring your hands and feet!

Wednesday, Nov. 21, 10 a.m.-Science Explorer Day

Meet at Faith Lutheran Church (800 Waconia Parkway North, Waconia) for another Science Explorer Day. This event is geared for kids age 3 and up; siblings of all ages are welcome too. Cost is \$1 per child to help cover cost of supplies. Wear clothes to get messy in!

Monday, Nov. 26, 10:30-11 a.m.-Waconia Library Story Time

Meet at the Waconia Library (217 S. Vine Street, Waconia) to hear a toddler/preschooler story read by the librarian.

Tuesday, Nov. 27, 3:30 p.m.-Cupcake Decorating

Meet at Parkside Church [9560 Paradise Lane (old Hwy. 5) Waconia] to decorate a cupcake and then eat your yummy creation. Please bring a decorating item to share (sprinkles or candies). We will provide the cupcakes and a variety of icings.

Wednesday, Nov. 28, 11 a.m.-Activities Committee Meeting

Meet at Cheryl Cortolezzis' house [1535 Niagara Street, Waconia; (952) 212-2750] to plan January's calendar! Everyone is welcome! Bring your ideas and suggestions!

Thursday, Nov. 29, 5:30 p.m.-Family Night Out: Burnsville Center Chuck E. Cheese

Meet at the Centex gas station in Cologne at the corner of Hwy. 284 & Hwy. 212. We will caravan to the Chuck E. Cheese in the Burnsville Center for an evening of pizza, games and wild, crazy fun!

Friday, Nov. 30-Fundraising Day

We will be bagging groceries at Mackenthun's County Market to earn money for our Food Shelf Service Project Please contact Sara Hinrichs at (763) 439-0174 to sign up for a shift. Child care will be provided if you need it. We need everyone's help to make this a success, so please sign up today!

Newcomers are welcome. Please don't feel shy about coming to our meetings or activities. You are welcome to attend two MOMS Club gatherings (meetings and/or activities) before deciding if you would like to join. If you have any questions about joining the MOMS Club, please call Jenn Ryall at (952) 446-1023.

Moms of the Month

Each month, we're going to feature two members of the MOMS Club. We've asked each to answer some questions so we can get to know them better.

Cindy Worm

Cindy Worm, MOMS Club member since January 2007, is 41 years old and married to husband Leon. They have one child, Eddie, who will be 3 this month.

Cindy works one night a week at the Victoria House Restaurant in Victoria. She enjoys gardening, walking, cooking, shopping and dancing.

Favorite childhood memory? One of my favorite childhood memories was to go to my grandparents' house for family reunions. They lived in a big farm house with a huge yard. We'd play softball with all the cousins. My grandma would always give me orange peanuts. Another favorite was playing games every night in the summer with the neighborhood kids.

Favorite book or movie? My favorite movie is *The Big Night*, with Stanley Tucci.

Cheryl Cortolezzis

Cheryl Cortolezzis joined the MOMS Club in 2003. She'll be 32 this year and has been married to husband Mario for 10 years. They have two children: Michela, 8, and Dante, 5.

Cheryl is a registered nurse. She attended Lakehead University in Thunder Bay, Ontario, Canada, and

moved to Minnesota in 1997 for better work

opportunities. She worked at a nursing home in Golden Valley for two years and has been at Methodist Hospital in St. Louis Park ever since. She works 12-hour night shifts every weekend so that she can be a stay-at-home mom all week.

Hobbies: Besides cooking, cleaning and laundry? I love downhill skiing, bargain hunting and I just signed up for karate classes—we will have to see how that goes!

Favorite childhood memory? "Frog Hunting" on the beach with my brothers and sister. Whoever had the most frogs in their bucket won, then Dad would "threaten" to make frog soup so we'd have to let them all go to "save" them!

Favorite book or movie?: Movie: It's a stupid movie, but I loved *Eurotrip;* TV: I'm a sucker for silly reality shows (*America's Next Top Model* is the one I usually don't admit



Is there something most people don't know about you? In my next life, I want to be a back-up singer/dancer in a famous band. I love classic country music.

Any tips you'd offer to new moms? My advice to new moms would be to not worry about when your child reaches a certain milestone. It's going to happen sooner or later.

What superhuman power would you like to have? I would like to have the ability to have the answer to every "why" question my son asks.

What is your motto? I have two: Treat others as you would like to be treated, and function in disaster, but finish in style.

Cats or dogs? I'm a dog lover.

What makes you laugh? Good jokes, and the funny things my son does.

What makes you cry? Sad, romantic, chick movies.

to!) and true crime shows like *The New Detectives* and *Cold Case Files*. Books: I try to read the book-club selection each month but mostly I read about autism—trying to learn about other treatments, therapies, diets or medications.

If you could invite four famous people—living or dead—to an evening of conversation, whom would you invite? I'd sit my sister and my parents down with Dr. Phil. It would make me so happy to see that relationship healed.

Is there something most people don't know about you? Probably not; I'm an open book! What you see is what you get!

Any tips you'd offer to new moms? When immunizing your kids, make sure they are preservative-free. The preservative is mostly mercury and may have a link to autism.

What superhuman power would you like to have? Superhuman speed because I'm always running late!

What is your motto? There are 24 usable hours in every day! Sleep is optional!

What makes you laugh? *America's Funniest Home Videos* still makes me giggle. I also love a good dirty joke once in a while!

What makes you cry? Seeing my son make progress. Each little milestone has been worked so hard for, that when he finally makes it, it brings me to tears.

Kids Eat Free!

Here's a listing of area restaurants where kids eat free or get a discount.

- Who's On First (Waconia): Mondays, all day/night
- Pauly's (Chaska): Mondays, 5-10 p.m.
- Beef O'Brady's (Waconia): Tuesdays, 4-8 p.m.
- Pizza Ranch (Waconia): Tuesdays, 4-8 p.m.
- Perkins (Chaska): Tuesdays, 4-10 p.m.

For each child to receive a free meal, there must be an adult entree ordered.

If anyone knows of another restaurant that serves kids for free, please e-mail Colleen Bakken at colleenb13@hotmail.com so it can be added to the list.

MOMS Club Sick Child Policy

Please stay at home if your child has any of the following symptoms within 24 hours before an event.

- Temperature of 99 degrees F orally, 100 degrees F rectally
- Undiagnosed fever
- Sore throat
- Earache
- Red eyes or discharge from eyes
- Extremely runny nose
- Vomiting or diarrhea
- Communicable disease for exposure
- Severe cough
- Extreme lethargy

Please make sure to wait 24 hours after taking the first dose of an antibiotic before coming to an event.

No-Peanut Policy

Due to the fact that we have children and adults in our chapter with peanut allergies, we ask that you do not bring any snacks containing peanuts to chapter events. In some cases, even exposure to peanut dust can cause a serious reaction.



Please read all labels carefully when considering a snack option for an event. Even items that would seem to be peanut-free can have small traces of peanuts in them.

Reminder: When sending e-mail to MOMS Club members, please put MC or MOMS Club at the start of the subject line so members know it's related to Club activities.

And please don't use the Club e-mail distribution list for communications not related to the Club.

Thank you to Minnetonka Realty for printing our newsletters each month at no charge.

Minnetonka Realty 100 W. First Street, Waconia (952) 442-1139

Wanted/For Sale

If there's an item you want or something you have for sale, place a free ad in the MOMS Club newsletter. Send your submissions to Colleen Bakken at colleenb13@hotmail.com.



Motherly Advíce...

Buttons Coming Loose?

If buttons keep coming loose, sew them on with dental floss in place of thread.

Organizing Clothing to Grow Into

If your child is going through a growth spurt, keep two containers in his room: one for clothes that have been outgrown recently, other other to store clothes that you are waiting for him to grow into. This keeps the drawers with the clothes he currently wears organized and makes swapping sizes convenient.

A Nice Warm-Up

On a cold morning, throw your child's clothes into the dryer for five minutes so he has the pleasure of putting on warm clothes.

Red Washcloth Is Less Scary

Use a red washcloth to camouflage blood from a cut or scrape. Blood can look dramatic and scary to a child against a white or light-colored washcloth.

Find a Place for Library Books

Designate one place in your house for storing library books, and end a housewide hunt when it's time to read or return them.

Color-Code Your Laundry

Use a different colored laundry basket for each of the kids. When you're done folding the wash, put it in the correct color basket; the child then knows to put his own clean clothes away.

The Rewards of Saving Money

Have your family throw all spare change into a jar. Once a month, count it up and treat your child to a movie or pizza to show him that saving money can be rewarding.

Taken from The Mom Book: 4,278 of Mom Central's Tips...for Moms, from Moms by Stacy M. DeBroff



November Birthdays

Moms

Heather Shisler	
Julie Strohsack	
Jenn Ryall	

KIOS	
Taylor Grant	
Aiden Hartman	
Abby Hayes	
Kennedie Dustin	
Grace Larson	
Jake Fadziejewski	
Natalie Shaw	
Audrey Meier	
Eddie Worm	

Nov.	2, 2	2001
Nov.	3, 2	2004
Nov.	16,	2005
Nov.	17,	2004
Nov.	20,	2001
Nov.	20,	2002
Nov.	21,	1999
Nov.	21,	2003
Nov.	25,	2004





For more information, call Sunshine Committee Coordinator Cheryl Cortolezzis at (952) 442-2750.

Sunshine Committee Units

Nov. 3 Nov. 5 Nov. 26

The Sunshine Committee was designed to help out those going through tough times, enduring illnesses or changes in their lives. Please remember it is important for you to do your part in helping our fellow members as they would be there to help you in a time of need.

Your unit lead person will contact you when your help is needed. Please watch your e-mails for other updates.

1. Jenn Ryall Sarah Johnson Heather Shisler Karla White **Julie Ferrin**

2. Kelly Strei Brandy Jeseritz Lisa Ackermann Rhonda Page Sarah Jarvis

Book Club

Wednesday, Nov. 28, 7 p.m., location to be determined

Passionate Marriage by David Schnarch, Ph.D. Yes, this is a book about sex in your marriage! So don't giggle in embarrassment-just read, enjoy and maybe learn something new to add more passion to your marriage!

E-mail Heather Shisler at hshisler1@mchsi.com.com or call (952) 960-0849 with any questions.

Around Town (a listing of non-MOMS Club®-related events)

Bunco

Monday, Nov. 26, location to be determined

Remember, food and drinks are provided starting at 6:30 p.m., and we start rolling at 7 p.m. SHARP! The cost is \$5 per person. This is a great time! Everyone is welcome!

Please RSVP to Pam Hayes at (952) 657-2365 or e-mail pamilou2004@yahoo.com. Watch your e-mails for a reminder.



Need Your Food Ideas

We've all had problems getting our children to eat healthy foods. Do you have any tried-and-true tricks you'd like to share with your fellow MOMS Club members?

What do you do to encourage your kids to eat healthy or try new foods? Do you have any recipes that even the pickiest of eaters love?

Then share them in this newsletter. Please e-mail your ideas, recipes and success stories to Colleen Bakken at colleenb13@hotmail.com

Kristie Dustin has these ideas: "The way that I get my kids to eat vegetables they are 'unsure' about is by letting them dip them in ranch dressing or by putting 'I Can't Believe It's Not Butter' spray on them. Both the ranch and spray butter are a huge hit at my house!"

October Lunch Bunch Recipes Slow-Cooker BBQ Pork Sandwiches

Submitted by Kelly Strei

 boneless pork shoulder roast (2 lbs.)
 c. BBQ sauce

Place meat in slow cooker; top with BBQ sauce. Cover with lid. Cook on low for 8-10 hours or high for 4-5 hours. Removed meat from slow cooker; cut off and discard excess fat. Shred meat using 2 forks. Return meat to slow cooker; stir until evenly coated with sauce. Serve on rolls. Add sliced cheese if desired. Extra BBQ sauce makes these sandwiches really yummy too. Enjoy.

Chili Cheese Dip

Submitted by Cheryl Cortolezzis

- 1 jar (15 oz.) Cheese Whiz
- 1 can (10.5 oz.) Hormel Chili (NO BEANS)
- 1 can (10 oz.) Campbell's Cheddar Cheese Soup

Suggestion for the Picky Eaters

Submitted by Jenn Ryall:

"I missed it yesterday, but *Oprah* had Jessica Seinfeld on and about her new book, *Deceptively Delicious*. It gave suggestions on how to get your kids to eat veggies. You can go to www.oprah.com to check it out. I copied and pasted a recipe for chicken nuggets which are the only thing my kids will eat. I might have to try it out."

Chicken Nuggets (with Broccoli or Spinach or Sweet Potato or Beet)

Created by Jessica Seinfeld, from the book *Deceptively Delicious* Serves 4

Ingredients:

1 cup whole-wheat, white or panko (Japanese) breadcrumbs
1/2 cup flaxseed meal
1 Tbsp. grated Parmesan
1/2 tsp. paprika
1/2 tsp. garlic powder
1/2 teaspoon onion powder
1 cup broccoli or spinach or sweet potato or beet puree
1 large egg, lightly beaten
1 lb. boneless, skinless chicken breast or chicken tenders, rinsed, dried and cut into small chunks
1/2 tsp. salt
Nonstick cooking spray
1 Tbsp. olive oil

In a bowl, combine the breadcrumbs, flaxseed meal, Parmesan, paprika, garlic and onion powder on the paper or foil and mix well with your fingers.

In a shallow bowl, mix the vegetable puree and egg with a fork and set the bowl next to the breadcrumb mixture.

Sprinkle the chicken chunks with the salt. Dip the chunks into the egg mixture and then toss them in the breadcrumbs until completely coated.

Coat a large nonstick skillet with cooking spray and set over mediumhigh heat. When the skillet is hot, add the oil. Place the chicken nuggets in the skillet in a single layer, being careful not to crowd the pan, and cook until crisp and golden on one side, 3 to 4 minutes. Then turn and cook until the chicken is cooked through, golden brown and crisp all over, 4 to 5 minutes longer. (Cut through a piece to check that it's cooked through.) Serve warm.

Combine all together in a small crock-pot. Heat through. The crock-pot keeps the sauce warm and at the correct consistency for dipping. Serve with scoop-style chips for dipping. Also is a great topper for BBQ'd burgers and hot dogs!

Newsletter Ad Policy

Any Waconia MOMS Club[®] member with a home-based business may place a business card sized advertisement in our newsletter, free of charge, each month. Once a year you may place an announcement regarding a specific workshop or home party for your business. Nonmembers with a home-based business may place a business card sized ad in our newsletter for \$5 a month.

Ideally, ads should be submitted electronically for inclusion in the newsletter. Business cards can be scanned but for the best appearance, the background should be white, with black text. The newsletter editor will not create ads or modify ads you provide.

Local businesses may advertise in our newsletter for the following prices: business card ad for \$5, a quarterpage ad for \$10, a half-page ad for \$15 and a full-page ad for \$20 a month. Our monthly newsletter reaches an audience of nearly 40 local moms, not to mention new member inquiries. Submit an ad electronically to Colleen Bakken, newsletter editor, at colleenb13@hotmail.com.

Neither our local MOMS Club Chapter nor the International MOMS Club Organization endorses the comments or services listed in this local chapter newsletter.



Jenn Ryall MOMS Club of Waconia Membership Vice President 9646 Gander Lane Minnetrista, MN 55375

